

NDMHCA and NDSCA Preconference

The NDMHCA along with the NDSCA would like to invite everyone to our Midwinter Preconference. This year we are happy to present Dr. Stephen Wonderlich. Dr. Wonderlich will be presenting on Psychological Trauma, Eating Disorders, and Other Self-Damaging Behaviors: Formulation and Intervention. Dr. Wonderlich is a Chester Fritz Distinguished Professor at the University of North Dakota School of Medicine and Health Sciences. Dr. Wonderlich is the Chairman of the Eating Disorders Department for Sanford Health and Co-Director of the Eating Disorder and Weight Management Center. He is the Director of Clinical Research at the Neuropsychiatric Research Institute in Fargo and serves as the Director of the Treatment Collaborative for Traumatized Youth.

The focus of the conference is on the psychological impact of trauma, particularly in terms of psychological problems such as eating disorders and self-injurious behavior. Additionally, a new approach to the treatment of eating disorders will be presented and its applicability to non-suicidal self-injury will also be discussed. Recent changes in the DSM 5 which are relevant to the eating disorders and non-suicidal self-injury will also be discussed. Finally, there will also be a discussion of strategies for creating trauma-informed school systems.

The event will be held on Saturday, February 8, 2014. We will be having conference at the Bismarck Public School Academy on the beautiful Bismarck State College grounds. Registration will start at 8am with the event starting at 9 am. Lunch will be served. Please visit either website for registration information. We are looking forward to a wonderful presentation. Please note that there is a block of rooms reserved at the Radisson in Bismarck.

NDMHCA Future Events

NDMHCA will be hosting a preconference along with NDSCA presented by Dr. Stephen Wonderlich on the Psychological Trauma, Eating Disorders, and Other Self-Damaging Behaviors: Formulation and Intervention. The event will be held on Saturday, February 8, 2014. We will be having conference at the Bismarck Public School Academy on the beautiful Bismarck State College grounds. Registration will start at 8 with the event starting at 9 am. Lunch will be served. Please visit either website for registration information.

NDMHCA is looking for nominations for the Outstanding Mental Health Counselor of the Year for 2014. If you should know of a deserving nominee please look at our website www.ndmhca.org for the application to recognize this deserving counselor.

NDMHCA will also be hosting their annual meeting during the Midwinter Conference. We will be hosting a brunch on Sunday morning of the conference. During this time we will be discussing various topics, planning for the year, and having an election of new officers.

Don't forget to bring an item for the Silent Auction to be held during the Midwinter Conference. All of the money raised benefits a graduate student scholarship. Please support our graduate students.

NDMCHA will also be featuring the Treatment Collaborative for Traumatized Youth as our service project. They are well deserving organization that provides great services to the children of North Dakota. Please visit their website at www.tcty-nd.org