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Bryn Halgrimson, President

How time flies when you are not paying attention! I see the forecast for my area of the state is calling for 50% chance of snow. I try to be a "cup half full" type of person so I want to reword this as a 50% chance of sunshine! I really think North Dakota has earned some extra days of sunshine and less snow. Better yet, I will do a flashback to this summer when your NDCA Board Members met.

During the Board meeting, I requested that the NDCA Constitution receive a review. The committee has proposed several language changes to streamline wording as well as being more consistent with terminology throughout the document. These suggested changes have been provided in this issue. Please review the proposed NDCA Constitution changes as we will be voting on them at the annual meeting in February 2012.

Which nicely segues into suggesting that you:

- Review the NDCA MidWinter 2012 conference schedule in this issue.
- Post the dates on your electronic device of choice or post-its, or white board, or calendar [or just make a mental note] to register for the conference and to reserve your room.
- Share information concerning the conference with friends, peers, and colleagues!
- Submit your presentation proposal to Dotti if you haven't already gotten it in.
- Renew your NDCA membership.

Until then, I wish you a Bountiful Thanksgiving with much to be thankful for; a Festive Solstice and a Joyous Yuletide!

MID-WINTER CONFERENCE
FEBRUARY 5-7, 2012
BISMARCK, ND

Mid-Winter Conference • February 5-7, 2012 Best Western Ramkota Hotel • Bismarck, ND

**Educational Credits
Earn Graduate Credit**

Reservations: 701-258-7700

**Attend a Pre-Conference Workshop
Attend the Entire NDCA
Mid-Winter Conference**

**Rooms Held and Rates Effective Up To
January 3, 2012**

**\$69 - 1 person per room
\$89 - 2 or more people per room**

**Credit Available Through
NDSU and University of Mary**

**Registration For Credit at
Pre-Conference Workshops**

**Don't Forget To Bring:
Canned Food Item
Silent Auction Item**

What do Football and Counseling Have in Common?

Dotti Dixon Schmeling, Ph.D., President-Elect

The answer? This year North Dakota's Mid-Winter Conference and the Super Bowl are BOTH on the same weekend in 2012 making for a Super Counselor Conference! Put February 5-7 on your calendar now, and send your registration in immediately. We will be starting the conference promptly at 12:00 Noon on Sunday. This year's Conference is entitled: "Aspire to Inspire with Wisdom, Vision, Innovation, Action and Results".

We are extremely fortunate to have phenomenon speakers, plenty of entertainment, dignitaries, a vast variety of breakout sessions to choose from, and some surprises to keep things interesting. You won't want to miss the exhibits, reconnecting with old friends, and learning about the latest happenings in the counseling profession. When one sends out invitations to present at our NDCA Conference, one is never certain if acceptance will be the answer. This year we were extremely fortunate in that everyone said "yes" to traveling to North Dakota in the dead of winter for the Mid-Winter Conference.

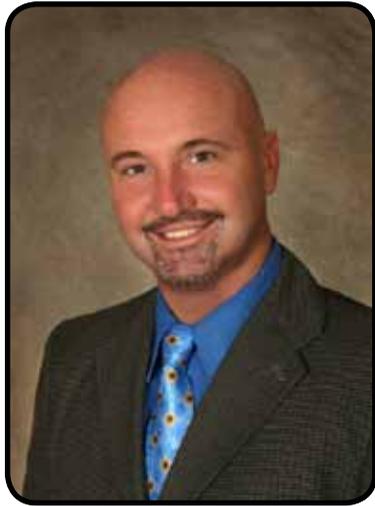
On Sunday afternoon, Dr. Bradley Erford will be our keynoter to kick things off, with his presentation on "Coming Alive as a Counselor: Managing Stress from the Inside-Out". He is the President-Elect of the American Counseling Association (2011-12), teaches at Loyola University Maryland, and is a prolific writer of many counseling textbooks. Dr. Erford will continue presenting on Sunday afternoon with breakout sessions on "35 Techniques Every Counselor Should Know" and "Free Access Assessment Instruments for Depression, Anxiety, Eating Disorders, Disruptive Behavior, and Substance Abuse".

Monday morning we will highlight the Past-President of the American School Counseling Association, Brian Law, who will inspire us with his keynote entitled: "Counselors: Turn Your Passion Into Action!" Mr. Law will also be presenting sessions on "Becoming a Winner When you are the Team Rookie", "Puppetry and Drama in School Counseling", and "the Medicine Cabinet: A Good Dose of Ideas". We look forward to his exciting presentations.

On February 6th, we have Christian Moore, founder of "Why Try" who will be presenting a keynote entitled: "Innovative Innovations to Provide Hope". Mr. Moore will also be doing two breakout sessions explaining the how-to of "Why Try" to use with clients. His sessions are entitled: "10 Strategies Proven to Inspire Even the Most Difficult Students".

~ Continued on Page 3

Conference Keynote Speakers



Brian Law, 2004-05 National Elementary Counselor of the Year; Brian has been an elementary school counselor for 8 years, Counselor/Coordinator for the Middle School alternative program and is currently a Guidance Counselor at Valdosta High School in Georgia. His advocacy for children and love of the profession of school counseling is immensely displayed in his motto that he developed in 1996 and signs on all correspondence, "Always . . . for the children."



Bradley T. Erford, is the 2012-2013 President of the American Counseling Association and a professor in the school counseling program of the Education Specialties Department in the School of Education at Loyola University Maryland. He has authored or edited more than 15 books.



Christian Moore is a Licensed Clinical Social Worker and has an M.S.W. from Brigham Young University. He is the Founder of the WhyTry Organization and has led the development of an at-risk program, "The Why Try program" that is used by over 500 school districts national. This program is also used by several private and public mental health agencies, group homes and youth detention centers.



Dr. Philip Boudjouk, Research, Creative Activities and Technology Transfer from NDSU holds a Ph.D from the University of Wisconsin in Chemistry. He was named NDSU's first Vice President for Research, Creative Activities and Technology Transfer in March 2000. His keynote on Tuesday morning is titled: "North Dakota Innovations — Career Opportunities."

~ Continued From Page 2

Finally, on Tuesday morning, Dr. Philip Boudjouk, Vice-President for Research, Creative Activities, and Technology Transfer, North Dakota State University, will be our guest to close our 2012 Mid-Winter Conference. Dr. Phil is undoubtedly one of the most intriguing, innovative and forward thinkers that I have ever met. You will be fascinated and awed by his innovative vision of the future.

In addition to these fabulous speakers, we will have time to have fun, be entertained by local talent, present counseling awards, and get involved in workshops. Don't wait—get your registration in now, and be sure to check the registration carefully so that you get signed up for all the fun events (three events will require a pre-ordered ticket). Collect some new wisdom, seek new visions, adopt innovative ways for the future, and then be ready to take action and see the results of your efforts.

Why am I a member?

By: Jennifer Lunde, School Counselor, Hazen, ND

As I was sitting down reflecting on how I should approach writing an article about a membership drive, I digressed and did the anecdotal high school speech blurb and looked up the definition of a “member” and hoped I would be able to put a little play on words, but was disappointed. Take a look at the definition of member and you will see why I discovered little brilliance. Next I did a little research on what other states are doing to increase their membership. I didn’t find that elusive, inspirational information that would “wow” our readers into demanding membership into our association. I did, however find information that will be useful for our organization in another article, just not this article. I went back to our own FOCUS to see how membership has been promoted. Great stuff, but I thought “OK, something new and original, so be original”. I started thinking about my own reasons for being a member of NDCA, I am new to this leadership role, so what is more original to NDCA FOCUS than me. Not particularly glamorous, but a start.

AFFORDABLE, REWARDS, COMMUNITY, NEWSLETTERS, GET TOGETHERS. Our dues are very reasonable and payment options are flexible. I am fortunate in that our school district pays for our school counselor’s membership. I didn’t have to be begged or beg and didn’t have to borrow money to be a part of our association...I lucked out. With that said, I hope you are lucky enough to have your dues paid for, but if not ask, its AFFORDABLE. Not only did I luck out in the payment part, I also lucked out in the REWARDS. I have the fortune of being part of something bigger than just me and my counseling office in Hazen High School. I have a COMMUNITY of colleagues that I can collaborate with and gain a wealth of knowledge from both our foundation and our future. I look forward to reading the FOCUS to see what is new in our organization. I have the opportunity to rejuvenate, learn, and reconnect at our counseling CONVENTION in February, which lends for an opportunity for a quick plug for Dotti and our convention...IT is going to be fabulous! Lastly, more REWARDS are yet to come. I was asked to be part of our leadership team. This has had tremendous rewards in the fact that I am surrounded by profoundly passionate counselors. Our goal is to always leave something better than when we found it. One of my goals this year is to continue to help our organization better serve our members. What can your association do for you? Are we meeting your needs? Do you have a responsibility to promote membership? I also would like to be better and it is bound to happen based on who I am surrounded by in leadership and who I am accountable to in membership. I challenge you to better our association too, by spreading the word about your North Dakota Counseling Association.

www.ndcounseling.org

Award Nominations

Rebecca Porter

As the snow begins to fly and we look forward to holiday celebrations, so should we celebrate the accomplishments of our colleagues. Though we have already received nominations, there is still time to nominate a peer for an award to celebrate his/her excellence in counseling.

The outline and the submission forms for the awards listed below are located on our webpage www.ndcounseling.org under Awards.

- The Glenn Dolan Award represents an individual who has demonstrated able leadership, excellent rapport and service to the community, outstanding contributions to their organization.
- The Innovations Award represents an individual who has made innovative contributions in research or published articles in the field of counseling.
- The Friend of Counseling Award represents an individual who has demonstrated support for counseling in the state of North Dakota through her/his profession.
- The Outstanding New Professional Award represents an individual who has developed an outstanding program and demonstrates exceptional interpersonal skills.
- The Member Emeritus Award is for NDCA members who have retired.

Please send all award submissions to:

Rebecca Porter
Minot State University
Registrar’s Office
500 University Ave W
Minot, ND 58707
Fax: 701-858-3386

rebecca.porter@minotstateu.edu

Save for College While Reducing Taxes: A Compelling Combination



It sounds too good to be true, but College SAVE, the State of North Dakota's 529 college savings plan, can actually help you save for educational expenses while reducing your state and federal taxes.

A 529 plan is a tax-advantaged way to save for higher education. With the rising costs associated in pursuing a college degree, families are searching for ways to help their loved ones finance their educational goals while reducing student loan debt.

College SAVE is the only 529 plan in the nation specifically designed for North Dakota residents and offers a state tax deduction on contributions made to the plan. North Dakota taxpayers can deduct up to \$5,000 per year (up to \$10,000 if married, filing jointly) of their College SAVE contributions from their state taxable income. Any North Dakota taxpayer is eligible for the state tax deduction, not just the account owner. Parents, grandparents, friends and neighbors can help a child save for college and still receive the tax savings!

Another valuable benefit includes a gift tax exclusion typically used for estate planning purposes. You can contribute up to \$13,000 per beneficiary each year (\$26,000 if married, filing jointly) without incurring the gift tax. The exclusion also allows individuals to make five years' worth of contributions - \$65,000 (\$130,000 if married, filing jointly) - in a single year and treat them as if they were made over five years for tax purposes.

When you invest in College SAVE, earnings grow tax deferred and are exempt from both federal and state taxes when used for qualified higher education expenses such as room & board, books, tuition and even a laptop. Students and their families have the potential to increase their savings more quickly than if invested in a taxable account.

As if that wasn't enough, Bank of North Dakota (BND) may also contribute to your college savings efforts. As the administrator of the program BND can, depending on your income level and the age of your beneficiaries, match your contributions up to \$300. Parents of newborns in North Dakota can also qualify for an additional \$100 as part of the Children FIRST program. And participation in both programs (up to \$400 in matching grants) is common.

To learn more about how College SAVE can help you save for a future college-bound student please visit www.collegeSAVE4u.com or call 1-866-SAVE-529.

Rebuilding Our Lives and Finding Hope

Bryn Halgrimson, President

At this time of year, I usually notice the lovely sharp note in the autumn air with undertones of earth getting ready for winter. This year, I mostly smell dirt. I smell mildew and mold. A lot of frantic building is going on in Minot as people race against the seasonal clock to get as much of the exterior of their homes rebuilt as possible. A lot of new homes are being built in what were wheat fields and empty lots on top of the hills – out of the flood plain.

As other communities in North Dakota have experienced this summer and in past years, a natural disaster affects our lives in ways we can never anticipate. It is at times like this when it really hits home how important the counseling profession is to our communities. Every type of counseling is called upon to deal with the aftermath of losing homes, friends, families, neighborhoods and the sense of security you had that all was right with your world.

Counselors are there to help individuals cope with feelings of helplessness, frustration and anger. They are there to help individuals recognize what is within their control and that they can move forward.

While change is inevitable, and change will happen whether we are ready or not, it is good to know there are people like the counselors and counseling graduate students of the North Dakota Counseling Association to provide support, guidance, and encouragement.

NDMHCA ANNOUNCES PRE-CONFERENCE 2012

By Lory Hellman, NDMHCA President

The NDMHCA 2012 Pre-Conference will be held on February 4th, 2012 at the Ramkota Hotel in Bismarck, ND.

The Pre-Conference presenter this year will be Rex Briggs, MSW, an anxiety specialist from Rapid City, SD. Rex will provide a full-day workshop on "Running Like Our Hair is on Fire: Understanding How Anxiety is the #1 Condition People Suffer With". His session will examine the prevalence of anxiety and anxiety related disorders in our society. He will talk about the root causes of anxiety, and how our thoughts can contribute to maintaining anxiety symptoms. Rex will offer interventions for us to help our clients with their anxiety, and will also offer ways for us to help reduce our own anxiety.

Rex Briggs, MSW, is the author of "Transforming Anxiety, Transcending Shame". He had his own personal battle with anxiety, and it led to Rex developing an innovative approach to the treatment of anxiety disorders. Rex has 30+ years of experience specializing in treating anxiety and stress-related conditions. He has been a guest expert on the Sally Jessy Raphael show, and is a yearly presenter at the Anxiety Disorders Association of America conferences since 1986. Rex is a regional and national speaker, trainer and consultant. We are very lucky to have him as our pre-conference speaker!!!

Early Bird Registration (prior to January 15) for the Pre-Conference will be \$60 for members and \$90 for non-members. Regular Registration (after January 15) is \$70 for members and \$100 for non-members. Graduate Students are offered the amazingly low fee of \$35! Register online at www.NDMHCA.org using paypal, or contact loryl_1999@yahoo.com if you would like a hard copy of the registration sent to you.

CEUs are in the process of being approved for licensed counselors, social workers, addiction counselors, licensed marriage and family therapists, and nurses.

We Look Forward to Seeing You There!!

Pre-Conference Sessions

This year's Pre-Conference will host Arond Schonberg, M.S. and Dr. Keith Fulthorp, Ed. D. and will consist of 3 topics: **Individual Solution Strategies; Group Counseling on a Duct Tape Budget; and Brief Career Counseling**. The bulk of the day will be on Individual Solution Strategies which is a five step Solution Focused school counseling framework that allows school counselors to assist students in creating positive changes in behavior, achievement and attendance related challenges. Additionally, the Individual Solution Strategies framework serves as a tool to easily collect data regarding student change, and communicate that data to important stakeholders within school and community settings.

Group Counseling on a Duct Tape Budget presentation contains group counseling resources for school counselors that integrate experiential learning, with the use of solution focused theory and techniques.

And finally in the **Brief Career Counseling** session you will learn how the Brief Career Counseling Framework assists students in connecting school to life experiences, and increase student attendance. In this dynamic presentation, participants will review an example intervention that decreased 12th grade student period cuts by 55%.

The Pre-Conference will be held again this year at the **Bismarck Career Academy, 1221 College Drive, on the Bismarck State College Campus**. The cost this year for NDSCA and NDMHCA is \$70.00, Non-Members is \$105.00, and Graduate Students is \$45.00 before January 15th. After January 15th the cost goes to NDSCA and NDMHCA is \$80.00, Non-Members is \$110.00 Registration will be sent again to **Connie Armstrong, 4125 Selkirk Road, Bismarck, ND 58503**. Any questions on the conference please contact Jason Marotzke at Jason.Marotzke@gmail.com.

2012 NDCA Conference Schedule ~ February 5-7, 2012

Sunday, Feb. 5th

9:00 – 11:00 a.m..... NDSCA Board Meeting
10:00 – 4:00 p.m..... Registration (Cloak Room off of Ballrooms)
10:30 a.m..... NDMHCA Business Meeting/Lunch
11:00 a.m..... NDSCA Advisory Board Luncheon
First Timers/New Member Orientation
1:00 – 5:30 p.m..... Exhibits Open - - Courtyard
Noon..... Conference Opens
Keynote: Dr. Bradley T. Erford
“Coming alive as a Counselor: managing Stress from the Inside-Out”
1:45 – 5:30 p.m..... Sessions
5:30 p.m..... Super Bowl Party/Silent Auction
Food, Drinks, Fun

Monday, Feb. 6th

8:00 a.m..... **Keynote: Brian Law**
“Counselors: Turn Your Passion Into Action” Lights, Camera, Action – It is Showtime!
9:00- 11:50 a.m..... Sessions
12:00 – 1:20 p.m..... NDCDA Business Meeting/Luncheon
NDSCA Past President Luncheon
1:30 p.m..... **Keynote: Christian Moore**
“Innovative Innovations to Provide Hope”
2:30 – 3:20 p.m..... Sessions
4:00 p.m..... Divisional Business Meetings: NDACES, NDECA, NDSCA, NDSSWA
5:00 p.m..... Social Hour – Graduate Poster Sessions
6:00 p.m..... NDCA Awards Celebration - Music, hot Hors D’oeuvres - - Recognition

Tuesday, Feb. 7th

8:00 a.m..... Breakfast
9:00 a.m..... **Keynote: Dr. Phillip Boudjouk**
“ND Innovations-Career Opportunities”
10:00 a.m..... NDCA Business Meeting
11:10 a.m..... Sessions
Noon..... Conference Ends

**Make Your Reservations Today For This Year's Conference
February 5-7, 2012 • Bismarck, ND**

BREAK-OUT SESSIONS

- 35 Techniques Every Counselor Should Know
- Marketing 101: Saving School Counseling Jobs and Accountability...
- Elementary Sharing Session
- Application of Solution Focused Approaches in Schools
- Success Stories and the Utilization of EMDR
- 10 Strategies Proven to Inspire Even the most Difficult Students
- Rainbows after the Storm: Play Therapy with Young Survivors of Familial Suicide or Homicide
- NDSU Counselor Education Program Update
- The Medicine Cabinet: A Good Dose of Ideas
- Play Therapy Techniques from Intake to Termination
- Secondary Sharing Session
- Ethical Standards in the World of Counseling
- Revamping Red Ribbon Week: Inspiring Children to Live Their Lives Now
- Creative Strategies in Working with Children/Adolescents
- Free Access Assessment Instruments for Depression, Anxiety, Eating Disorders, Disruptive Behavior, and Substance Use
- Healing Broken Hearts: Play Therapy Interventions for Young Abused Children
- Becoming a Winner When you are the Team Rookie
- Dual Credit
- Puppetry and Drama in School Counseling
- Brave Challenge: A School-wide Anti-bullying Program
- Being vs. Doing
- ND Counselor Licensure Administrative Rule Changes
- Got Hope? Give Hope
- 3rd Party Reimbursement: Responding to the Requests
- North Dakota School Counseling Model
- Navigating Romantic Teen Relationships
- The Nurtured Heart Approach
- Motivational Interviewing: Preparing Clients for Change
- 10 Strategies Proven to Inspire Even the Most Difficult Students
- Ethics Examined: Challenges Never Cease
- ACE 101: Helpful Tips on How to Apply for the Award of Counseling Excellence
- Teen Tech Wave
- AHEC of a Good Idea! The Bare Bone Facts
- Supervision Discussed: Training, Fundamentals Necessary for Considered Certification
- Let's Be Ready to Learn
- Fall 2012 Mandatory Placement Based on ACT
- Jeopardy: Round Two Cognitive Theories
- Looking into the Future K-12
- Keeping our Students Healthy
- No, I Can't "Just go eat a Cheeseburger" Real recovery from Eating Disorders
- High Tech, High Skill, High Wage, A New Look at Manufacturing
- Supports for Families with a Member in the Military
- New NDCA Board Member Orientation

Remember

Book Your Rooms Now

**Mid-Winter Conference
February 5-7, 2012
Ramkota Hotel
Bismarck, ND**

**\$69 - 1 person per room
\$89 - 2 or more persons per room**

**Rates Effective Up To
January 3, 2012**

Proposed By-Law Changes

These changes are to be voted on during the Mid-Winter Conference Annual Business Meeting to be held at the Ramkota Hotel, Bismarck, ND on February 5-7, 2012.

~~Revised 07~~ North Dakota Counseling Association
Constitution
(Effective 2-03-2004)

ARTICLE I NAME

Section 1: The name of the Association shall be North Dakota Counseling Association.

Section 2: The Association is ~~organized as~~ a branch of the American Counseling Association.

ARTICLE II MISSION

~~For our members,~~ North Dakota Counseling Association will provide quality professional development opportunities, facilitate networking, advocate for the counseling profession, and promote leadership activities and encourage active involvement in the organization.

~~ARTICLE II~~ ARTICLE III PURPOSES

Section 1: The organization advances its mission by:

- a. Promoting public confidence and trust in the professional counseling and human development profession.
- b. Uniting ~~in one organization persons~~ people engaged in any phase of professional counseling and human development.
- c. Maintaining and improving professional standards in the field of counseling and human development in North Dakota.
- d. Encouraging the development of creative programs and activities, professional development and leadership opportunities.
- e. Serving as a central clearing agency for information pertinent to present or contemplated professional counseling and human development activities in North Dakota.
- f. Disseminating information and focusing public attention on legislation in any way affecting professional counseling and human development in North Dakota.

~~ARTICLE III~~ ARTICLE IV MEMBERSHIP

Section 1. Any person who is engaged in or has an interest in counseling or human development in North Dakota is eligible to become a member.

Section 2. Members shall be encouraged to apply for membership in the American Counseling Association and one or more other national professional counseling organizations.

Section 3. Membership in NDCA is required prior to membership in any branch organization for annual conference attendance.

~~ARTICLE IV~~ ARTICLE V
OFFICERS

Section 1. The officers of the Association shall be President, President-Elect, President-Elect-Elect, and the Past President. ~~A person elected as President Elect Elect shall serve in that office for one year, then serve as President Elect for one year, then serve as President for one year, and then serve as Past President for one year.~~ Each office is for a one year term and is successive to the next position.

Section 2. The North Dakota Counseling Association President and President-Elect must be active members of the Association and must be members in good standing of the American Counseling Association.

Section 3. The President shall:

- a. Serve as chief executive officer of the Association.
- b. Preside at all regular and special meetings of the Association.
- c. Preside at Executive Council and Board of Director meetings.
- d. Appoint members of Standing committees subject to approval of the Board of Directors.
- e. Serve as an ex-officio member on all Standing Committees.
- f. Appoint special committees when deemed necessary.
- g. Attend regional and national conferences as a representative of NDCA.

Section 4. The President-Elect shall:

- a. Assume responsibilities of the President in that person's absence.
- b. Serve as Chair of the Conference Committee.

Section 5. The President-Elect-Elect shall:

- a. Assume the responsibilities of the President in the absence of both the President and the President-Elect.
- b. Serve as Chair of the Membership Committee.
- c. Serve as a member of the Conference Committee.

Section 6. The Past-President shall:

- a. Serve as Chair of the Nominating Committee.
- b. Solicit advertising for the annual Conference program booklet.
- c. Solicit conference exhibitors.
- d. Assist with the exhibit area during the conference.

Section 7. The elected officers will begin to exercise the power of the office the first day of the fiscal year (July 1).

~~ARTICLE V~~ ARTICLE VI
BOARD OF DIRECTORS

Section 1. The Board of Directors of the Association shall consist of:

- a. The officers of the Association.
- b. The Executive Director.
- c. The directors selected by each division.

Section 2. The Board of Directors of the Association shall:

- a. Establish policies to govern the affairs of the Association.
- b. Formulate operational policies appropriate for executive action and direct the execution thereof.

- c. Grant and revoke Division charters.
- d. Develop, promote, and execute the plans that have the approval of the Association for promoting the cooperation and a affiliation of the Association with the other organizations having interests and objectives similar or supplemental to those of the Association ~~provided that such cooperation and/or affiliation does not weaken or destroy the~~ while remaining autonomous ~~existence of the Association.~~

~~ARTICLE VI~~ ARTICLE VII
EXECUTIVE ~~COUNCIL~~ BOARD

Section 1. The officers shall constitute the Executive ~~Council~~ Board of the Association.

Section 2. The Executive ~~Council Board~~ shall have the power to hire and ~~fire~~ terminate the Executive Director.

Section 3. The Executive ~~Council~~ Board shall act for the Board of Directors within policies as established by the Board of Directors. The Executive ~~Council~~ Board shall function primarily to address those issues which are necessary for efficient operation of the North Dakota Counseling Association where the time requirement necessitates immediate action.

~~ARTICLE VII~~ ARTICLE VIII
EXECUTIVE DIRECTOR

Section 1. The Executive Director shall be hired by the Executive ~~Council~~ Board. The term of employment shall be at the ~~will~~ discretion of the Executive ~~Council~~ Board.

Section 2. The Executive Director shall:

- a. Be the Secretary of the Association, ~~shall~~ and perform the duties customary to the office of Secretary,
- b. Be the Treasurer of the Association, ~~shall~~ and perform the duties customary to the office of Treasurer,
- c. Be responsible to transact the Association's day-to-day business activities and operations,
- d. Be an Ex-Officio member of the Executive ~~Council~~ Board.

~~ARTICLE VIII~~ ARTICLE IX
MEETINGS

Section 1. There shall be an annual business meeting of the Association. The Board of Directors shall determine the time and place of the meeting. The meeting shall be part of the annual conference of the Association. The business meeting will be for the purposes of election of officers voting on By-law changes, hearing reports of Divisions, and transacting other items presented by the members as new business. Vote shall be passed by a simple majority of the members present. Elections shall be by secret ballot and with the highest number of votes of members present deciding the election.

~~ARTICLE IX~~ ARTICLE X
NOMINATIONS AND ELECTION PROCESS

Section 1. Nominations and Election Process

Section 2. The Past-President shall serve as the Nominating Committee Chair. The Past-President shall secure a slate of nominees for the office (President–Elect- Elect) or offices to be filled by election of the members at the annual business meeting. The Past-President shall present the nomination report at the annual meeting. Nominations from the floor shall be called for by the NDCA President. The election shall follow. Unless a candidate is unopposed, all elections shall be by secret ballot.

~~ARTICLE X~~ **ARTICLE XI**
DUES AND FISCAL YEAR

Section 1. The fiscal year shall be from July 1 through June 30.

Section 2. The membership year shall be from January 1 through December 31.

Section 3. Dues of the Association for the membership year shall be established by a simple majority of the membership present and voting at the annual business meeting.

~~ARTICLE XI~~ **ARTICLE XII**
AMENDMENTS

Section 1. The By-laws may be amended at the annual business meeting by a simple majority vote of those present and voting.

Section 2. All proposed amendments of the By-laws must be submitted in writing to the Board of Directors at least 60 days prior to the annual meeting for its study and recommendations.

Section 3. The Board of Directors shall submit proposed amendments to the Constitution and By-laws in writing to the membership along with the recommendation of the majority of the board and any dissent thereto at the annual meeting.

STATEMENT OF INDEMNIFICATION

Section 1. The Association (NDCA) will indemnify the officers and directors to the extent permitted by state law.

Adopted:	December 15, 1956
Amended:	November 13, 1958
New Revision Finalized:	February 15, 1985
Name Change:	February 15, 1985
New Revision Finalized:	February 14, 1989
Amended:	February 11, 1992
Amended:	April 30, 1995
New Revision Finalized:	February 11, 1998
Name Change:	February 11, 1998
New Revision Finalized:	July 20, 1999
Revision/Update:	February ??, 2002
Revised:	February 2, 2004

**Reminder: Educational Credits
Earn Graduate Credit**

**Attend a Pre-Conference Workshop
Attend the Entire NDCA Mid-Winter Conference**

Credit Available Through NDSU and University of Mary

Registration For Credit at Pre-Conference Workshops

News Bits from the National Certified Counselor

Newsletter of the National Board for Certified Counselors

www.nbcc.org

NCC Corner:

MyNBCC (www.mynbcc.org) — Have you logged into this site? If not, you are missing out. One plus is getting yourself listed on Counselor Find so that members of the public can find you. It is easy to use. Don't miss out on the free services provided through MYNBCC.

CEU's Versus CE Clock Hours — One CEU is actually worth 10 clock hours. Clock hours are the same as contact hours and both clock hours and contact hours refer to the number of hours you spend actually participating in a learning activity. A certificate of attendance for a 26 hour event would be correct if it read 26 CE clock hours (2.6 CEU's)

CE Credit for Leadership — You can claim 20 CE clock hours for holding an elected or volunteer office in a counseling organization. There are also other leadership activities that count and you can read about them — www.nbcc.org/Recertification/CEMethods

CCE UPDATE:

DCC: The Distance Credentialed Counselor (DCC) is a national credential offered by the Center for Credentialing & Education (CCE) and represents to employers and the public that the individual credential holder has met the established requirements and adheres to the NBCC Code of Ethics and the Ethical Requirements for the Practice of Internet Counseling. For more information regarding the DCC credential, please visit: cce@cce-global.org/dcc — or for information regarding the training visit — www.readyminds.com/dcc

BCC: The December 31, 2011 deadline for applying for the Board Certified Coach (BCC) credential during the inaugural period is quickly approaching. Inaugural applicants will sit for the required examination as part of the norming process. Once the inaugural period ends, applicants will be required to meet additional educational requirements and pass the BCC examination. NCC's can meet the coaching training requirement of the BCC application by documenting just 30 hours, so this is a unique opportunity to pursue a credential that will help to establish your identity as a professional coach.



Seasons Greetings