



## NDCA Annual Conference Schedule at a Glance

| <b>Saturday, February 11, 2023</b> |  |
|------------------------------------|--|
|                                    | Division Preconferences<br><i>* See website for further information, including time and location</i> |
| 4:00 - 7:00 p.m.                   | Registration Open  |
| 4:30 - 5:30 p.m.                   | North Dakota Counseling Association (NDCA) Executive Council Meeting                                 |
| 6:00 - 7:30 p.m.                   | North Dakota Counseling Association (NDCA) Governing Council Meeting                                 |
| <b>Sunday, February 12, 2023</b>   |  |
| 7:30 – 8:30 a.m.                   | Registration Open<br><i>Breakfast available</i>  |
| 8:30 – 9:15 a.m.                   | Welcome and Announcements<br><i>Breakfast available</i>  |
| 9:15 – 10:15 a.m.                  | Opening Keynote - Drs. Jude and Julius Austin  |
| 10:25 – 11:15 a.m.                 | Session 1  |
| 11:25 a.m. – 12:15 p.m.            | Session 2  |
| 12:15 – 1:00 p.m.                  | <i>Lunch</i>   |
| 1:10 – 2:00 p.m.                   | Session 3  |
| 2:10 – 3:00 p.m.                   | Session 4  |
| 5:15 p.m.                          | Social   |
| <b>Monday, February 13, 2023</b>   |  |
| 7:30 - 9:00 a.m.                   | <i>Breakfast available</i>   |
| 8:00 - 9:00 a.m.                   | NDCA General Meeting   |
| 9:10 - 10:15 a.m.                  | Announcements, Opening Keynote - Dr. Thomas Skovholt   |
| 10:25 – 11:15 a.m.                 | Session 1  |
| 11:25 a.m. – 12:15 p.m.            | Session 2  |
| 12:15 – 1:30 p.m.                  | <i>Awards Program and Luncheon</i>   |
| 1:40 – 2:30 p.m.                   | Session 3  |
| 2:40 – 3:30 p.m.                   | Session 4  |
| 3:30 - 3:40 p.m.                   | <i>Snacks provided prior to Remarks, Closing Keynote</i>   |
| 3:40 – 4:40 p.m.                   | Remarks, Closing Keynote - Dr. Jill Nelson   |



## Division Meetings

| Meeting                        | Description   | Time and Location  |
|--------------------------------|---|--|
| NDCA Executive Council Meeting | Meeting for members of the NDCA Executive Council                                       | Saturday, Feb. 11<br>4:30 - 5:30 p.m.<br>Renoir/Russell Room |
| NDCA Governing Council Meeting | Meeting for members of the NDCA Governing Board   | Saturday, Feb. 11<br>6:00 - 7:00 p.m.<br>Renoir/Russell Room |
| NDSCA Board Meeting            | Meeting for members of the North Dakota School Counselor Association Board              | Saturday, Feb. 11<br>4:00 - 5:45 p.m.<br>Career Academy      |
| NDACES General Meeting         | General meeting for the North Dakota Association of Counselor Education and Supervision | Sunday, Feb. 12<br>3:15 - 4:15 p.m.<br>Location TBD          |
| NDCDA Business Meeting         | Meeting for members of the North Dakota Career Development Association                  | Sunday, Feb. 12<br>3:15 - 4:15 p.m.<br>Location TBD          |
| NDSCA General Meeting          | General meeting for the North Dakota School Counselor Association Meeting               | Sunday, Feb. 12<br>4:20 - 5:20 p.m.<br>Location TBD          |
| NDMHA General Meeting          | Meeting for members of the North Dakota Mental Health Association                       | Sunday, Feb. 12<br>4:20 - 5:20 p.m.<br>Location TBD          |
| DACAC - ND Meeting             | Dakota Association for College Admission Counseling                                     | Sunday, Feb. 12<br>3:15 - 4:15 p.m.<br>Location TBD          |
| NDCA General Meeting           | General meeting for the North Dakota Counseling Association                             | Monday, February 13<br>8:00 - 9:00 a.m.<br>Location TBD      |



## Tentative Breakout Sessions

*The following provides a glimpse of some of the breakout sessions that will be offered at the conference.  
Schedule to be determined.*

Secondary Counseling Sharing Session

What's this Dungeons and Dragons Thing: Building Role-Playing Game Cultural Competency

Military Cultural Competency

Anxiety: The Silent Challenge

The Use of Animal-Assisted Therapy in K-12 Schools: A Mixed-Method Approach

Atheists Experiences of Counseling: Bridging the Gap to Best Practices

Updates on Academic, CTE, and North Dakota Scholarship

DPI Updates

School Counselor and Administrator Collaboration for Student Postsecondary Success

Understanding At-Risk Programs

Culturally Responsive School Counseling

Trauma-Informed Group Counseling Experiences for Student Athletes

Mental Health Service Provision and Accessibility with Deaf Clients

Digital Citizenship

Exploring Careers through Virtual Experiences

The Impact of COVID-19 on School Counselors: Implications for Rural School Counselors

Mind, Body, Medicine: Indigenous Wellness Practices for Reducing Secondary Trauma Symptoms

Professional Development: Two Counselor's Journey Through Reading

A Framework for Community Engagement: A Pathway to Employment for Individuals with Disabilities

Professional Development: Two Counselors' Journey through Reading

What can NDSCA Do for You?

Impact Leadership: Develop Talent, Create a Sense of Purpose & Build a Culture People Love

Reset & Recharge: Experience a Fresher & More Positive Approach to Eliminate Stress, Negative & Burnout

Create a Culture Shift: Discover Six Employee's Experiences that Help Attract, Engage, Motivate & Retain Talent

Demystifying Engineering: Preparation, Purpose, and Paths at NDSU

Making Informed Decisions: A Conversation about the Reality of Education and the Workforce

Should I Pursue a Doctorate in Counselor Education and Supervision?

Group Counseling at the Secondary Level

Nicotine Dependence

Career Connection

Vaping: Small Devices, Big Impacts

Using the Solution-Focused Approach to Support Clients Who are Experiencing Grief