



Focus

on NDCA

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Presidential News

Since stepping into the position as President of the North Dakota Counseling Association, I have given much thought to our goals for the year. Last year was a bit of a doozy for our world as we navigated so many new things, but looking ahead made me pause and think about what could have helped us as an association through 2020. I must make note that Jada Hofland’s leadership and Jenise Wilson’s organization kept NDCA above water. As a volunteer run board, many of the tasks of NDCA took a backseat to survive through the past year.

As a small child, I remember my parents’ response to “How are you?” being “Surviving, not thriving.” I internalized this saying and even found myself uttering the same words (I guess we eventually turn into our parents, or at least say the things they said). All of this to say, my main goal for NDCA this year is to THRIVE! As the NDCA Governing Council, we are hard at work reviewing and updating our Bylaws and Policies and Procedures to give structure and strength to the association for years to come. We are very excited to start sharing drafts of the Bylaws prior to our Annual Conference for a vote.

It has truly been a privilege to be a part of the NDCA Council, and now serving as the President is a dream come true. I want to welcome any members to please reach out to me with any questions or concerns you face as a counselor in North Dakota. Additionally, if you feel drawn towards serving counselors in North Dakota, don't hesitate to contact me. As I stated earlier, we are a volunteer board, so we are always looking for more assistance and support no matter how large or small!

Thank you all so much for the life-changing work you do every day for your students and clients. It is a beautiful day to thrive in North Dakota!



*Becky Meidinger, Ph.D., NCC
NDCA President*

Two Years Down!

I cannot believe I have had the honor for being with NDCA as the Executive Director for two years already! Where did the time go?! I have so enjoyed being with you all for the last two years, even if it was during the pandemic! I look forward to continuing to serve NDCA as the Executive Director.

Some of the changes and milestones made during this year as Executive Director were:

1. Completing the first online conference – Kuddos to Becky on her amazing work!!
2. Getting the Governor to recognize April as Counseling Awareness Month.
3. Updating forms, policies, procedures, and bylaw – Thank you for pioneering this, Becky!
4. Receiving a grant from Midwest Region – thanks for your hard work on this, Amy!



*Jenise Wilson
Executive Director*

Here are some things we are so looking forward to in the coming fiscal year:

1. An amazing conference in February 2022 – championed by Amy Geinert!
2. More transparency between boards and members. NDCA Governing and Executive Councils did a training on Roberts Rules of Order and parliamentary procedures.
3. Putting forth more effort into legislative and advocacy efforts!

Thank you again for all our support, grace, and kindness this past year! I look forward too many more years to come. Please do not hesitate to reach out to me at any time if there is something you'd like to discuss or any questions you have.

2022 Conference

COUNSELOR
STRONG

Hi Everyone! I hope you all have been enjoying the summer and spending time refreshing your soul in the sunlight. It feels strange to

be already planning something that occurs typically during a snowstorm or sub-zero temperatures. Still, Jenise Wilson and I have already been hard at work planning the 2022 NDCA conference.

We are opening the call for proposals! Please submit proposals to share the fantastic things you are doing every day. Please go to this link to fill out your

proposal information:

<https://forms.gle/XY4TAbYNGtEUDeix9>

Please be on the lookout for the conference registrations and sponsorships that will be opening soon! Thank you all for the opportunity to plan your conference. I hope you all can join us February 13th-15th!

*Amy Geinert
NDCA President-Elect*

News from the Past President

Happy Summer Counselors!!

I hope you are all doing well and taking good care of yourselves! This continues to be a trying time in our region and the nation, so self-care is of the utmost importance in our profession! So please find time to enjoy your life and do things that make you happy.

There are some great new things that came to our neighborhood this summer, including education on Roberts Rules of Order, presented by one heck of a lady! This opportunity was made possible by a grant from being involved in our regional meeting and collaboration with other states. It is a great way to bring new ideas to our state. Thank you to Amy Geinert our President Elect-Elect and Jenise Wilson our Executive Director for making this all come to fruition! You ladies are top notch. Peer organizations in the state are also bringing some great education to our area, so be sure to keep connecting and collaborating with all the professionals our great state has to offer.

If anyone is interested in becoming part of our leadership or finding out more about how you can make a difference in our great state, get a hold of us today! We would love to share our opportunities with you!

Enjoy the rest of your summer and make it count!



*Jada Hofland
NDCA Past President*

Greetings!

Thank you for electing me as your President-Elect-Elect for the 2021-2022 year. I am eager to build relationships with counselors across the state and to continue the work of the organization.

I would like to take the opportunity to introduce myself! I have worked for the past eleven years as a school counselor. I live in Fargo with my husband and three sons. My favorite hobby is reading (I am currently reading *The Art of Gathering* by Priya Parker), but I also love cooking (homemade pizza is my specialty), yoga, and spending time outside. My seven-year-old introduced our family to geocaching, so we have been



busy exploring the outdoors. We recently found two in Door County, Wisconsin (pictured).

Like many, I am eager to return to some semblance of normality, and yet am mindful of the lessons learned during the past year. Slow down, listen, pay attention... these are some of things I have aspired to do personally and professionally. I think this year's conference, **Counselor Strong: Strong Minds, Bodies, Plans, & Relationships**, will be a timely opportunity to connect, learn, and reflect.

It will be an honor and privilege to serve the North Dakota Counseling Association over the next four years.

*Chasity Odden Heide
President-Elect-Elect*

NDSCA Summer Update

Despite COVID, it was a successful year for NDSCA. We were able to maintain our PD offerings with the pre-conference and a Spring Conference (in place of the fall conference) via virtual means. We had a total of 109 register for the pre-conference and about 90 of those attended the live sessions. The spring conference had 36 registrants (2 that did not attend the pre-conference) and about 22 attended live. CEU's were offered for both events. We did find some conference sponsors this year and believe some of these new connections will continue to support our association in the future.

A venue change for future pre-conference events is in the works due to a yearly Bismarck School related event that takes place the 2nd Saturday of each month at the Career Academy. We developed a new strategic plan, created sub-committees to focus on initial priorities determined by the board and progress has been made by all four sub-committees. A t-shirt/merchandise store is going to go live very soon as a fundraiser for our student scholarship program. A link will be sent out via the NDSCA listserv once it is ready.

We had several members, including myself and Becky Meidinger, testify before a legislative committee regarding HB 1013 which impacts school counseling in our state. The proposed Bill added an elementary school counselor mandate and attempted to define appropriate and inappropriate school counseling duties. The Bill did end up passing the elementary mandate to begin the 2022-2023 school year, but the defining of duties was unfortunately removed. NDSCA is up for by-laws review this year by ASCA, so the necessary paperwork and documents were submitted to ASCA last week.

We will have 5 NDSCA board members and 1 from membership attending the LDI conference in July. Myself, Liz Kappel, Terri Kroll & Angel Lindseth are the board members attending in Vegas. Malarie Carlson, a general member of NDSCA, is also attending in Vegas. Heidi Olson will attend virtually. We are excited to have so many ND counselors attending this leadership conference!

*April Foth
President*

NDMHCA Updates and Upcoming Conference!

In June, the President and President Elect usually attend the AMHCA Leadership Conference. This year it was held virtually again, so we voted to send two board members to the whole AMHCA Conference. They should learn a lot, and the schedule is somewhat flexible since it is virtual.

We decided to have another daylong conference in October. It is set for October 16, 2021! We will have a speaker on Rural Ethics for about 4 hours, and Supervision for the rest of the day. It will be amazing conference. You can register at <https://ndcounseling.org/ndmhca-fall-conference>

We will have our annual NDMHCA meeting later in the summer as usual. We will decide on

location and date at our next monthly zoom meeting. That meeting is when we do a lot of planning and discussion about the future, so we look forward to that!

We will have our usual Preconference in February, and are discussing collaboration with other branches of NDCA. That should be good for all of us. More to come on that as well.

I hope everyone has an amazing summer and is able to do some things that we were not able to do last year!!!

*Lory Hellman
President*

Update from NDACES

NDACES meets monthly via zoom on the second Thursday of the month from 12-1pm. Meetings include discussing agenda business items, supervision and clinical counseling topics, as well as consultation opportunities.

NDACES has been working on several initiatives, including the following items:

1. -NDACES is currently planning a supervision pre-conference Saturday, February 12th from 9am to 4pm. NDACES plans to offer 6 supervision credits through NDBCE for attendance at the pre-conference.
2. -NDACES is currently creating a website for the organization.
3. -NDACES plans to nominate members for regional and national awards at NCACES and ACES in the future.
4. -NDACES has streamlined the nomination process for the supervisor of the year award to a single google form.
5. -NDACES is in the process of changing by-laws to reflect two-year terms for the secretary and treasurer positions.

*Jenna Hershberger
NDACES President*

Scholarship Information!!

ATTENTION GRADUATE STUDENTS

NDCA Graduate Scholarship

The NDCA Graduate Scholarship Application will be sent to counseling program advisors at NDSU, UND, MSU-M, and University of Jamestown, and University of Mary to make available to students by the beginning of October.

The updated application will also be available at our website: <https://ndcounseling.org/graduate-scholarship-award>. The deadline for postmarked application submission will be November 10, 2021.

*Melissa Mickelson
Grad Scholarship Chair*

Membership!!

Have you renewed your NDCA (and division) membership for the 2021 year? Not sure if you renewed for this year? Contact Executive Director Jenise Wilson at ndcajenise@gmail.com. If you haven't renewed your membership or would like to join for the first time, visit our website at <https://www.ndcounseling.org/membership>. You can complete the online membership form or mail in the registration form.

Members of NDCA have access to our Members Only login on the website. If you are not sure of your login credentials, contact Jenise at ndcajenise@gmail.com. We're going to be adding more content to this section as the year progresses and don't want you to miss out!

Throughout this fall and spring, we'll be using Facebook and our website more to share information. If you haven't already, **please "like" us on Facebook** and bookmark our website (ndcounseling.org).

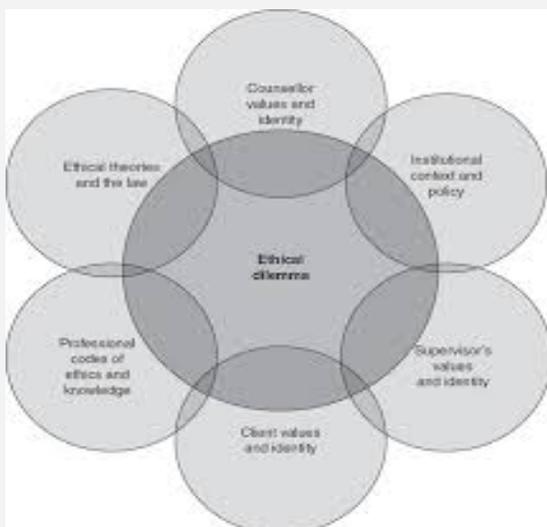
Updates from NDCDA

NDCDA held its spring business meeting during the NDCA virtual conference on February 8, 2021 via Zoom. Business taking place included discussions on setting up virtual regional career development counselor meetings on a consistent day and time each month to allow both new and veteran counselors time to connect on what is going on in their buildings as well as discussions on the upcoming summer book study opportunity through NDCDA. At the meeting, there were also updates from the state career development supervisor Kelly Pierce, CRN coordinator Julie Hersch, NDACTE representative Dustin Martin, NDCA representative Danielle Luebke, and legislative committee chair Allison Orgaard. The end of summer annual ND CTE Professional Development Conference will be taking place in Bismarck at the Bismarck Event Center August 9-11, 2021 and will include sessions focused on career development and many other areas.

Grant money was awarded to NDCDA last fall from the NDCA for use to purchase items for welcome baskets for new counselors and a social at the 2020 PDC conference. Due to COVID-19, the conference was moved to virtual platform so the social did not take place. Grant funds that were going to be used for physical items for gift baskets were used to purchase gift cards to “Teachers Pay Teachers” for new counselors to use for resources their first year. \$170 was spent on 17, \$10 gift cards.

Kellie Meyer
NDCDA President

Ethics Update



Inquiries have been few. Two phone calls asking questions about Telemental Health. Please remember to check with the state licensure board for any services that you may want to provide to a client that is located outside of North Dakota borders. During the pandemic, many states allowed services from out-of-state providers. However, most states are not returning to pre-pandemic requirements.

Many ethics on-line courses or webinars are being accepted for CEs by the ND Board of Counselor Examiners. Pre-check with the board prior to registering.

Erin Klingenberg, PhD, LPCC, NCC
Ethics Chair

NDCA Awards Committee Report & Calling All Nominators!

2022 Awards:

We received **no** nominations for the Innovations Award, the Glenn Dolan Award, or the Outstanding New Professional Award. We received two nominations for the Friend of Counseling Award and two for the NDCA Member Emeritus Award. We awarded both Member Emeritus Awards this year! One to Geraldine Cariveau and one to Marcia Foss. In addition, Ryan Hanson was awarded the Friend of Counseling Award. The Awards Ceremony was shifted to the evening and was a terrific success! In the past, the Awards Committee was granted leeway in reviewing past year's nominations, so if we do not receive nominations next year for the Friend of Counseling Award, we will potentially revisit the nominations which were not chosen this year and nominations not chosen in 2019.

Nomination Information:

Is there someone you admire for their techniques, ideas, practices, capabilities, or approaches? Please show them by nominating them for a NDCA award! We love honoring those who excel in their field!

You can submit your nomination at any time; however, the deadline to submit nominations is **November 30th**! Nomination criteria and forms can be found at ndcounseling.org → Awards. Please submit award nominations to: Rebecca Ringham, Minot State University, Registrar's Office, 500 University Ave W, Minot, ND 58707 / Fax: 701-858-3386 /Email: rebecca.ingham@minotstateu.edu

Glenn Dolan Award – An individual who has demonstrated able leadership, excellent rapport and service to the community, outstanding contributions to their organization

Innovations Award – An individual who has made innovative contributions in research or published articles in the field of counseling

Friend of Counseling Award – An individual who has demonstrated support for counseling in the state of North Dakota through his/her profession

Outstanding New Professional Award – An individual who has developed an outstanding program and demonstrates exceptional interpersonal skills

Member Emeritus Award – for NDCA members who have retired

Awards Committee Information Membership:

Currently there are two members; however, we could definitely grow membership! Rebecca Ringham, chair; Ashley Michael; and Jill Vollmers

Job Duties:

- ☞ Read and rank awards nominations in December each year
- ☞ Provide additional opportunities for NDCA members to be involved in the Awards Committee
- ☞ Provide more awareness of NDCA awards and nomination processes
- ☞ Encourage NDCA members to submit awards nominations
- ☞ Attend Midwinter Conference, be recognized by being announced and standing at Awards Ceremony for participation in the committee
- ☞ Represent the Awards Committee on the NDCA Board meeting if chair is unable to attend

*Rebecca Ringham, M.S.
Awards Committee Chair*